

# ***“Knowing Jesus More Intimately Through His Names”***

## **Week 5: Session Guide**

*“Be still, and know that I am God.”  
Psalm 46:10 (ESV)*



# Knowing Jesus More Intimately Through His Names

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As we seek Jesus through the ongoing declaration of His Names, turn to John 15:1, the seventh “**I AM**” statement Jesus made. Remember, each of the “**I Am**” Statements are found in the book of John and identify an aspect of Jesus and the spiritual needs of mankind.

John 15:5: “**I Am** \_\_\_\_\_ ; *you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing.*”

### The Seven “I Am” Statements of Jesus:

*“I am the bread of life.”* John 6:35 — Our daily sustenance

*“I am the light of the world.”* John 8:12 — Our source of guidance

*“I am the door.”* John 10:7 — Our protector

*“I am the good shepherd.”* John 10:11 — Our sacrificial Savior

*“I am the resurrection and the life.”* John 11:25 — Our victory over death

*“I am the way, the truth, and the life.”* John 14:6 — Our access to the Father and eternal life

*“I am the true vine.”* John 15:1 — Our source of vitality and strength

(Scripture quotations from New International Version.)

### Two additional “I Am” Declarations:

*“I tell you the truth; before Abraham was born, I am!”* John 8:58

*“I am he.”* John 18:4-5

*“The fruit of the Spirit is love, joy, peace, forbearance, kindness, goodness, faithfulness, gentleness, and self-control.”* Galatians 5:22-23 (NIV)

# Knowing Jesus More Intimately Through His Names

## Week 5: Growth Opportunity

**Day 1:** As Jesus prepares to depart, He declares this seventh “**I Am**” statement in John 15:1—an instruction on how to continue to have a close, fruitful relationship with Him.

What is the “**I Am**” statement found in this Scripture? \_\_\_\_\_

What does Jesus state is the result of abiding in Him? \_\_\_\_\_

Galatians 5:22-23 offer insights on what the “fruit of abiding” looks like: what does it say? \_\_\_\_\_

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These are the manifestations of those who “abide” in Christ. What does it mean to “abide” in Christ?

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In order to be fruit bearing, we must maintain connection with Jesus: total dependence. While we can “do” things in our own strength, even Christian activities, we cannot bear “spiritual fruit” or experience spiritual growth and maturity apart from an ongoing, personal relationship with Jesus as the Vine.

Read John 15:1-17. Who is the One who tends to the branches? \_\_\_\_\_

What happens to branches that are not bearing fruit? \_\_\_\_\_; they are lifeless.

What happens to branches that are bearing fruit? \_\_\_\_\_

The word for “*pruning*” is also translated “*cleansing*” in other places. What do 1 Corinthians 6:11 and Hebrews 10:22 indicate? \_\_\_\_\_

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How is this reflected in Philippians 1:6? \_\_\_\_\_

Take a moment to read and write out Ephesians 2:10: \_\_\_\_\_

\_\_\_\_\_

Now read John 15:8. What do these two passages indicate is the ultimate purpose of our lives? \_\_\_\_\_

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This is a good place for us to pause today; spend some time “abiding” in Him—connected to Him through His Word, prayer, and praise—for spiritual growth, refreshment, and ultimately God’s glory.

**Day 2:** John 15 invites us even closer to Jesus through declarations regarding His heart for us. What do you glean about Jesus as the Vine in verses 9-17? \_\_\_\_\_

It is essential to “rightly discern” God’s heart for humanity as expressed by Jesus. Remember what we learned in John 10:10 about a thief? What is his pursuit? \_\_\_\_\_

And God’s heart as declared in John 10:10? \_\_\_\_\_

This occurs as we abide/remain in Christ. As we “abide” in Jesus, what do verses 9-13 of John 15 stress are of greatest importance? \_\_\_\_\_

We are able to do this as we abide in Him; it is the overflow of His internal life-giving flow. To “abide” in Christ involves our will, choices that we make. There is a reoccurring word in John 15:5, 6, 7 and 10; what is it? \_\_\_\_\_ This is a significant word that warrants careful, prayerful consideration.

As you wrap up today, ask God if there is anything hindering your relationship with Him and your “abiding” in Christ. If so, address it with God, knowing that He reveals our sin—not to condemn us (see Romans 8:1), but to draw us more fully into a fruitful relationship with Him.

*“If we confess our sins, he is faithful and just and will forgive us our sins and purify us from all unrighteousness.” 1 John 1:9 (NIV)*

**Day 3:** 1 Thessalonians 5:23-24 states: *“May God himself, the God of peace, sanctify you through and through. May your whole spirit, soul and body be kept blameless at the coming of our Lord Jesus Christ. The one who calls you is faithful, and he will do it.”* God is at work in and through your life. What does verse 24 declare? \_\_\_\_\_

This is wonderful! In what ways can you see God working in and through your life, for His purposes and ultimately for His glory? (Think of changes He is bringing about: spiritual growth and insights, opportunities, shifts in perspective, victories, etc. This isn’t about pride, but rather praise for the sanctifying, fruit-bearing work God is doing in your life! If you need some food for thought, glance again at Galatians 5:22-25).

His faithfulness is *undeniably* praiseworthy!

**Day 4:** John 15 and 16 are generally agreed to have been at the last supper, the night in which Jesus was betrayed. The things He shared at this time were of great significance in the lives of His disciples, as well as in the lives of believers today. What does Christ state in John 16:1 and John 16:33? \_\_\_\_\_

“ \_\_\_\_\_ ”  
and “ \_\_\_\_\_ ”  
\_\_\_\_\_

Jesus knows we are vulnerable if we wander from Him, and that we can be inclined to become weary. God tenderly declares His love for us through Jesus in this portion of Scripture. As you read through John 15 and 16, pay attention to the ways He seeks to encourage, strengthen, caution, and instruct His followers; all from a heart of deep love for them.

Here is space for your reflections:

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**Day 5:** As we’ve walked through John 15, recognizing Jesus as the Vine and us as the branches, our relationship with the Vine has been strengthened through prayer, Bible study, worship, and fellowship with other believers. Consider each of these aspects of “abiding” with Jesus. In order to strengthen your relationship with Him, is there anything He is impressing on your heart to **adjust**? \_\_\_\_\_

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To **eliminate**? (for a season or longer) \_\_\_\_\_

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Where would he have you **concentrate** your time, talents, and abilities as you walk out His will during this season in your life? \_\_\_\_\_

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In wrapping up this week, look back at each of the seven “**I Am**” statements of Jesus; note anything that God has brought to light. Remember Psalm 46:10: “*Be still and know that I am God.*” Prayerfully pause so that you might encounter Jesus as He reveals Himself to you through each of His Names.

*I am the Bread of Life* (John 6:35) \_\_\_\_\_

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*I am the Light of the World* (John 8:12) \_\_\_\_\_

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*I am the Door* (John 10:9) \_\_\_\_\_

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*I am the Good Shepherd* (John 10:11, 14) \_\_\_\_\_

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*I am the Resurrection and the Life* (John 11:25) \_\_\_\_\_

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*I am the Way and the Truth and the Life* (John 14:6) \_\_\_\_\_

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*I am the Vine* (John 15:1, 5) \_\_\_\_\_

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What stands out to you regarding God's love for you as declared through these Names of Jesus?

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*"I am the vine; you are the branches. If you remain in me and I in you, you will bear much fruit; apart from me you can do nothing." John 15:5 (NIV)*