

# ***"Knowing Jesus More Intimately Through His Names"***

## **Week 4: Session Guide**

***"Be still, and know that I am God."  
Psalm 46:10 (ESV)***

**2024 Morning Women's Bible Study at The Cove**



# Knowing Jesus More Intimately Through His Names

## Week 4: Session Guide

As we seek Jesus through His names, turn to John 11:25, the fifth **I Am** statement Jesus made. Remember, each of the seven “**I Am**” statements are found in the book of John and identify an aspect of Jesus as well as the spiritual needs of mankind.

John 11:25-26: “**I Am the** \_\_\_\_\_ **and the** \_\_\_\_\_. The one who believes in me will live, even though they die; and whoever lives by believing in me will never die. Do you believe this?”

The sixth **I Am** statement is found in John 14:6: “**I Am the** \_\_\_\_\_ **and the** \_\_\_\_\_ **and the** \_\_\_\_\_. No one comes to the Father except through me.”

*“But God demonstrates his own love for us in this:  
While we were still sinners, Christ died for us.” Romans 5:8 (NIV)*

# Knowing Jesus More Intimately Through His Names

## Week 4: Growth Opportunity

**Day 1:** Today we will explore the fifth “I Am” statement Jesus made, found in John 11:25-26: \_\_\_\_\_

This “I Am” statement stands out in the midst of a memorable series of circumstances recorded in John 11:1-44. Take time to read this portion of Scripture. What are some key points that stand out to you?

Trials of this degree can challenge our faith. They can often make no sense and leave us questioning God.

If you were one of the sisters of Lazarus, what might you have felt? \_\_\_\_\_

How did Martha respond in verses 27-44? \_\_\_\_\_

The powerful reality found in this passage is that Jesus has overcome eternal death. He declares that He is the Resurrection and the Life. What was His instruction in verse 44? \_\_\_\_\_

There are times when life’s difficulties leave us disoriented, depleted, possibly even doubting God; in turn, we may walk around somewhat “lifeless.” Jesus instructs us to “take off our grave clothes” and embrace the fact that the story isn’t finished—that He is working, and will continue to work, in and through each of our circumstances in ways that we may not see or understand this side of Heaven. In turn, what instructions do Hebrews 12:1 and 2 provide? \_\_\_\_\_

In the midst of life’s trials and tribulations, our “focus” will significantly impact our overall well-being. What does Isaiah 26:3 state? \_\_\_\_\_

What is at the heart of this passage? \_\_\_\_\_ (For perspective, see also Proverbs 3:5-6)

What is the promise found in this passage? \_\_\_\_\_

To “acknowledge Him” in all of our ways is both difficult and essential. He will give us strength to stay the course as we trust and press into Him (Philippians 4:13). As you close today, consider if there any hindrances or “grave clothes” you need to take off—things that are lifeless and need to be laid down, entrusted to Him:

If you need someone to pray with you about these matters, reach out to someone you trust: a friend or pastor. The One who loves you eternally *promises* to meet you and give you a fresh measure of life as you

encounter Him through His Name: I AM the Resurrection and the Life. Close today simply still in His presence (Psalm 46:10), resting in the reality that God is loving, sovereign, and purposeful.

What does Isaiah 55:8-9 state? \_\_\_\_\_.  
May you walk by faith, trusting Him.

**Day 2:** Revisit the fifth “**I Am**” statement found in John 11:25-26. Jesus posed a question to Martha in verse 26. What was it?

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How does our response to this question impact how we walk through life and loss? \_\_\_\_\_

\_\_\_\_\_

Read Romans 5:1-5. What truths do you glean from this passage? \_\_\_\_\_

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How can the reality of “suffering” produce perseverance, perseverance result in character, and character result in “hope?” \_\_\_\_\_

\_\_\_\_\_

What does it mean that “hope does not put us to shame” (v. 5)? \_\_\_\_\_

Conclude today resting in the precious promise found in Hebrews 10:23: *“Let us hold unswervingly to the hope we profess, for he who promised is faithful.”*

**Day 3:** Remember that each of the “**I Am**” statements introduce us to who Jesus is, as well as to our needs. They also reinforce the reality of God’s love for us and His provision for our redemption, reconciliation, and restoration.

Prayerfully read through 1 Peter 1:3-9: What do you discover in these verses about God’s love as revealed through Jesus being “The Resurrection and the Life?” \_\_\_\_\_

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According to 1 Peter 1:17-21, what are truths and treasures to embrace as we walk in faith through life?

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*“He will wipe every tear from their eyes. There will be no more death’ or mourning or crying or pain, for the old order of things has passed away.”* Revelation 21:4 (NIV)

**Day 4:** The sixth **I Am** statement is found in John 14:6: “I Am \_\_\_\_\_.”

In his discussion with the disciples, Jesus’ words were both simple and profound. Read John 14:1-14. There are several significant statements Jesus makes to His disciples; what are some of them? \_\_\_\_\_

Jesus tenderly speaks truth in order to comfort and strengthen them. He further encourages them in verses 15-21; what stands out to you as encouragement He speaks to those who believe in Him? \_\_\_\_\_

How does verse 21 end, and how does this truth impact you? \_\_\_\_\_

Jesus desires for us to know Him, walk with Him, love Him, reflect Him, and live with Him *eternally*; and God has provided a Helper for all who embrace Jesus as the Way, the Truth, and the Life; as **the Way** to God; the Holy Spirit! What do verses 25-27 say about the Holy Spirit? \_\_\_\_\_

How can this reality of the Holy Spirit impact you as you journey in your walk of faith? \_\_\_\_\_

**Day 5:** As we conclude this week, write out Ephesians 2:8-9: \_\_\_\_\_

What is the gift? \_\_\_\_\_. Consider finding a quiet place to read and reflect upon Hebrews Chapters 8 and 9. This is a precious, powerful portion of Scripture. Try not to rush through these passages, as they have so much to impart to our hearts—rich in the realities of God’s love for us and the beauty of who Jesus is. Enjoy your time in His presence!

Reflections: \_\_\_\_\_

[illegible]

*“But God demonstrates his own love for us in this:  
While we were still sinners, Christ died for us.” Romans 5:8 (NIV)*