

***"The Great Adventure of Knowing God
Through the Revelation of His Names"***

Week 4: Session Guide

"Those who know your name trust in you."
Psalm 9:10 (NIV)

Week 4
El Roi: The God Who Sees Me
Jehovah Rapha*: The LORD Who Heals

The Hebrew word "rophe" means: heal, cure, restore, make whole.

Key Scriptures:

Revelations About the Heart of God:

Personal Take Aways:

*You may also see it written as "Yahweh" Rapha: (LORD) Using God's personal, covenant name. "Adonai" or "Jehovah" are often respectfully used instead of "YHWH/Yahweh." Technically, "Adonai" is Lord; Master.

"Let us hold unswervingly to the hope we profess, for he who promised is faithful."
Hebrews 10:23 (NIV)

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Week 4: Growth Opportunity

Day 1: As we begin our fourth week, looking at two names of God, spend time today with Him in **Psalm 116**. If you can, print it out so that you can make personal notations from your time in God's Word. Make a notation, or highlight in a particular color, verses you can proclaim "**El Roi**": God sees. As well, note "**Jehovah Rapha**": the God who heals, restores, makes whole, and note where He has brought healing, restoration, and renewed hope to pass. Is there a portion of this passage that stirs you? _____

There is so much to acknowledge to God in gratitude and thanksgiving for these personal expressions of His timeless nature in seeing us and healing us. If you are feeling God has not seen you and has not responded to your afflictions, I encourage you to take a step based on believing His Word to be truth and His timing to be perfect, a step of faith that proclaims thanksgiving and that He is "**El Roi**" and "**Jehovah Rapha**." ***He will*** bring to pass what He has promised in your life! "***Let us hold unswervingly to the hope we profess, for He who promised is faithful***" **Hebrews 10:23 (NIV)**. Amen!

Day 2: It's beneficial to identify things that seek to "snuff out" the truth of God's Word, leading us to feel abandoned and alone. Satan is subtle in stirring such thoughts and feelings, as he desires for us to distrust, doubt God, and to dismiss His Word. He knows if this occurs, our hearts will be heavy laden and our lives often limited in the fruit that points others to God. But God! He is aware of these schemes and invites us to experience His healing as we:

James 4:8 _____

Matthew 11:28 _____

It's important to invite the Lord to examine us—Psalm 26:2 _____

Psalm 139:23-24 _____

Today, invite God to have full access to your heart and mind. Trust Him to lovingly reveal anything that seeks to crowd Him out or thwart His Word from taking root in your life. Proclaim out loud that He is "**El Roi**," the God who sees you, and "**Jehovah Rapha**," the God who will heal you! His Word is truth and His ways trustworthy.

I encourage you to linger in His presence; let Him bring about His healing work in your heart and mind.

Day 3: Part of God's desire, as we draw near to Him through His Word, is to shed light on areas that may need tending to: places where our hearts have become hardened, dismissive, or unforgiving. If this is where you are, there is only one direction the Lord desires for you to go: to Him in confession of your unforgiveness and in repentance—turning from where you've been, to Him, wholeheartedly! Often, we thwart His pursuit to heal us due to our pursuit to be vindicated and validated. If this is where you find yourself, I encourage you to lay it down before Him, come open handed with heart yielded in praise, and surrender to the God who sees you, knows your name, and desires to heal you.

Read Hebrews 12:15 as well as Proverbs 4:23. What are we instructed to do in these two passages?

Conclude your time today in Proverbs 3:5-6. God sees you, and God promises He will bring about healing; He is to be trusted!

Day 4: As we draw near to God, God promises to draw near to us (James 4:8). Throughout His Word we see that He changes us from the inside out. Write out Ezekiel 36:26-27: _____

The God who sees you, and promises to heal you, begins His most intimate, transformational work first on the inside as He gives us “_____.” This is where His healing begins, even if circumstances in our lives never change in ways we would desire. ***Don’t lose sight of Him and His Word!***

“So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal.” 2 Corinthians 4:18 (NIV)

Day 5: You’ve had a lot to spiritually drink-in this week that may have stirred a mixture of emotions. Reflect upon insights God has given you regarding His names and nature, writing out those things He draws to your attention. Delight in praying to God in His personal names of “El Roi” and “El Rophe”! And then praise Him some more! It’s good for our soul. _____

Close today by reading Psalm 103:1-5 in a grateful and bold praise and proclamation! Amen!!

“Let us hold unswervingly to the hope we profess, for he who promised is faithful.”
Hebrews 10:23 (NIV)