

***"The Great Adventure of Knowing God
Through the Revelation of His Names"***

Week 2: Session Guide

"Those who know your name trust in you."
Psalm 9:10 (NIV)

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Week 2 El Elyon: Most High God El Shaddai: God Almighty

"Is anything too difficult for the Lord?"

Genesis 18:14, NASB

"You Yourself have made the heavens and the earth by Your great power and by Your outstretched arm!

Nothing is too difficult for You."

Jeremiah 32:17, NASB

F: **Fallen** Jeremiah 17:9 "The heart is **deceitful** above all things."

F: **Faith** 2 Corinthians 5:7 "For we live by **faith** not by sight."

F: **Fixed Focus** Hebrews 12: 1-2a (NIV): *"Therefore, since we are surrounded by such a great cloud of witnesses, let us throw off everything that hinders and the sin that so easily entangles. And let us run with perseverance the race marked out for us, **fixing our eyes on Jesus...**"*

F: **Forgiveness** James 4:10 (NIV): *"Humble yourselves before the Lord, and he will lift you up."* James 4:7-8 (ESV): *"Resist the devil, and he will flee from you. Draw near to God and He will draw near to you."*

F: **Firmly Planted in God's Truth** Philippians 4:8 (NIV): *"Finally, brothers and sisters, whatever is true, whatever is noble, whatever is right, whatever is pure, whatever is lovely, whatever is admirable—if anything is excellent or praiseworthy—think about such things."*

"So we fix our eyes not on what is seen, but on what is unseen, since what is seen is temporary, but what is unseen is eternal." 2 Corinthians 4:18 (NIV)

**"He who dwells in the shelter of the Most High (El Elyon) will rest in the shadow of the Almighty (El Shaddai).
I will say to the LORD, 'He is my refuge and my fortress, my God, in whom I trust.'"**

Psalm 91:1-2

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Week 2: Growth Opportunity

Day 1: Take a moment to read Genesis 17:1-2. This passage captures another glimpse into God's progressive revelation of His nature through His declarative use of the name "**God Almighty: El Shaddai.**" When we call upon El Shaddai, we are acknowledging His declaration that NOTHING is too difficult, or impossible, for Him! As mentioned earlier, in our humanity we can tend to make God seem 'small,' rather than behold Him in His reality. Today, write out the following verse – 2 Chronicles 16:9:

Sit with a heart focused upon God Almighty; El Shaddai. Praise Him in prayer. Resist all whispers that contradict the authority and Truth of His Word; embrace God's Word as true and trustworthy. Take time to note any stirrings He inclines your heart towards regarding the reality that He is GOD ALMIGHTY! _____

_____ Amen!

Day 2: A Dwelling Place: Write out the following verses from Psalm 91:1-2, & 14. _____

What does it mean to "rest" in the shadow of the Almighty? After writing it out, read it and personalize it (take a step towards 'owning it' for yourself. Now, say it out loud. Finally, pray it...**out loud** and **with boldness**! You can be confident in the words of this passage, as it is God's Word: true, trustworthy, timeless. **God Almighty, El Shaddai**, is *for* you, He *hears* you, and **HE LOVES YOU!!!** You can rest in that reality.

Day 3: Joseph: What a seemingly twisted tale of jealousy (Joseph was his father's favorite), envy, hatred, deception, and pride. But that's not the end of the story.... *El Shaddai, God Almighty, can—and will—move in our lives!*

Temptation: "*And God is faithful; he will not let you be tempted beyond what you can bear. But when you are tempted, he will also provide a way out so that you can stand up under it.*" 1 Corinthians 10:13 (NIV). Write out 2 Corinthians 5:7:

Do you see this in Joseph's life? _____

Close by reading Isaiah 43 all the way through. Now, a second time, make special note of verses 1-2: _____

Verses 10-13: _____

Verses: 18-19: _____

Close today in prayer to El Shaddai, God Almighty: The One who promises to make a “roadway in the wilderness.”

Day 4: As Joseph remained steadfast in pressing into the Lord, he was steadied, strengthened. Write out the following two passages – Proverbs 18:10: _____

Read 2 Corinthians 4:6-10 and WRITE OUT 2 Corinthians 4:8: _____

Now, sweet sister, take this truth to heart! No matter what you (or someone you care about) are going through, El Shaddai, God Almighty, is your “*refuge and strength, an ever-present help in times of trouble*” (Psalm 46:1, NIV). El Elyon, God Most High, will accomplish all things He has appointed for you. Take a moment to write out Psalm 57:2:

Close in prayer.

Day 5: Today is a “**Pray Day.**” Take a walk—if it isn’t too cold....! (As I write this it is Good Friday, a beautiful day, 70 degrees, lots of budding flowers, a gentle breeze, and 5 baby goslings just hatched at a nearby lake. A bit different than this January day will be.) If it’s too cold to walk, find a quiet place to be unencumbered from activity and distractions. Review the highlights you’ve noted from this week, personal reflections, and anything you want to make a note of:

Close your time this week with Psalm 91:1-2 as noted below. Enjoy!

**“He who dwells in the shelter of the Most High (El Elyon) will rest in the shadow of the Almighty (El Shaddai).
I will say to the LORD (Yahweh), ‘He is my refuge and my fortress, my God (Elohim), in whom I trust.’”
Psalm 91:1-2**