

# Defining Moments ~ Step Up, Stand Firm, Stay Focused

## 2021 Morning Women's Bible Study at The Cove



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*Strength and dignity are her clothing, And she smiles at the future. Proverbs 31:25*

1. **January 12:** "If... Then" *2 Chronicles 7:13-14*  
*Matthew 8:23-27*  
*Mark 4:35-41*
  
  2. **January 19:** "Biblically Aligned or Deceptively Inclined?" *Genesis 3*
  
  3. **January 26:** "I have a plan! Good Intentions - Bad Idea!" *Genesis 12-17*
  
  4. **February 2:** "Holding On: The Impact of Idolatry" *Genesis 19:10-26*  
*Luke 17:20-38*
  
  5. **February 9:** "Little is Much with God's Touch" *2 Kings 4:1-7*
  
  6. **February 16:** "In a Minute, Lord: The Lure of Lesser Things" *Luke 9:57-61*  
*Luke 10:38-42*
  
  7. **February 23:** "A Legacy of Lordship... May it Be So"
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## Week 7 Session Notes:

“A Legacy of Lordship . . . May it be so”

*Strength and dignity are her clothing, And she smiles at the future. Proverbs 31:25*

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### SESSION 1: “IF...THEN”

**2 Chronicles 7:14:** “If my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, **then** I will hear from heaven, and I will forgive their sin and will heal their land.”

See **Mark 4:35-41**

Key Questions: (3 in this passage)

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Main Points:

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Do you see any “Scheme with a Theme?”

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### SESSION 2: “BIBLICALLY ALIGNED OR DECEPTIVELY INCLINED?”

**Genesis 1:31:** “God saw all that He had made, and it was *very good*. And there was evening, and there was morning—the sixth day.”

**Genesis 2:25:** “Adam and his wife were both naked, and they felt no shame.”

See **Genesis 3:1-10**

Key Questions: (2 in this passage)

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Main Points:

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Do you see any “Scheme with a Theme?”

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## Week 7 Session Notes:

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### SESSION 3: “I HAVE A PLAN! GOOD INTENTIONS! BAD IDEA!”

**Genesis 16:13:** “She gave this name to the LORD who spoke to her: “You are the God who sees me.”

**Genesis 17:1-2:** “When Abram was ninety-nine years old, the LORD appeared to him and said, “I am God Almighty<sup>[a]</sup>; walk before me faithfully and be blameless. Then I will make my covenant between me and you and will greatly increase your numbers.”

**Genesis 17:19:** “Then God said, “Your wife Sarah will bear you a son, and you will call him Isaac.<sup>[d]</sup> I will establish my covenant with him as an everlasting covenant for his descendants after him.”

**Genesis 21:1:** “Now the LORD was gracious to Sarah as he had said, and the LORD did for Sarah what He had promised.” (She was 90!)

See **Genesis 16:1-2, 6-10, 13 ; Genesis 18:14**

Key Question: (2 in these passages: **Genesis 16:8; 18:14**)

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Main Points:

Do you see any “Scheme with a Theme?”

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### SESSION 4: “HOLDING ON: THE IMPACT OF IDOLATRY”

**Genesis 19:15-17:** “With the coming of dawn, the angels urged Lot, saying, “Hurry! Take your wife and your two daughters who are here, or you will be swept away when the city is punished.” When he hesitated, the men grasped his hand and the hands of his wife and of his two daughters and led them safely out of the city, for the LORD was merciful to them. As soon as they had brought them out, one of them said, “Flee for your lives! Don’t look back, and don’t stop anywhere in the plain! Flee to the mountains or you will be swept away!”

**Luke 17:32:** “Remember Lot’s Wife”

See **Genesis 19:23-26**

Key Question: (1) **Luke 18:8b**

Main Points:

Do you see any “Scheme with a Theme?”:

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## Week 7 Session Notes:

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### SESSION 5: “LITTLE IS MUCH WITH GOD’S TOUCH”

**2 Kings 4:1-7** The wife of a man from the company of the prophets cried out to Elisha, “Your servant my husband is dead, and you know that he revered the LORD. But now his creditor is coming to take my two boys as his slaves.” Elisha replied to her, “How can I help you? Tell me, what do you have in your house?” “Your servant has nothing there at all,” she said, “except a small jar of olive oil.” Elisha said, “Go around and ask all your neighbors for empty jars. Don’t ask for just a few. Then go inside and shut the door behind you and your sons. Pour oil into all the jars, and as each is filled, put it to one side.” She left him and shut the door behind her and her sons. They brought the jars to her and she kept pouring. When all the jars were full, she said to her son, “Bring me another one.” But he replied, “There is not a jar left.” Then the oil stopped flowing. She went and told the man of God, and he said, “Go, sell the oil and pay your debts. You and your sons can live on what is left.”

***Remember ~ God’s spiritual blessings are found in obedience!***

Key Question: (2)

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Main Points:

Do you see any “Scheme with a Theme?”

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### SESSION 6: “IN A MINUTE LORD: THE LURE OF LESSER THINGS”

**Luke 10:38-42:** “As Jesus and his disciples were on their way, he came to a village where a woman named Martha opened her home to him. She had a sister called Mary, who sat at the Lord’s feet listening to what he said. But Martha was distracted by all the preparations that had to be made. She came to him and asked, ‘Lord, don’t you care that my sister has left me to do the work by myself? Tell her to help me!’ ‘Martha, Martha,’ the Lord answered, ‘you are worried and upset about many things, but few things are needed—or indeed only one.’<sup>[a]</sup> Mary has chosen what is better, and it will not be taken away from her.’”

Key Question: (1)

Main Points:

Do you see any “Scheme with a Theme?”

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“Strength and dignity are her clothing, And she smiles at the future.” **Proverbs 31:25**

“Delight yourself in the LORD, and He will give you the desires of your heart.” **Psalms 37:4**

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## Week 7 Growth Opportunities:

### Personal Reflections and Points to Ponder

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**Day 1:** I hope you have enjoyed our journey together these past seven weeks. I encourage you to go back through your handouts for each week and see if there are reoccurring “themes” that stand out to you. Be aware of something the Lord is seeking to impress on your heart regarding the life you’re living and the legacy He desires for weave within your walk.

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Have you noted any verses that will be beneficial to you in drawing closer to God?

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Today, prayerfully sit with Proverbs 4:23. What does this passage say:

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Based on our weeks together, consider what this can look like *practically*, *personally*, and *Biblically* for you:

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**Important:** Invite the Lord into the practical application of this passage by sitting with Him quietly and inviting Him to deepen the roots of His Word in your life. Close your time in prayer by again reading Philippians 1:6 as a prayer of Truth and Thanksgiving!

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**Day 2:** Enjoy reading **Psalm 107:2-4**! Based on the Truths of God’s Word that we have explored during our times together, and throughout the course of your weekly “Growth Opportunities,”

I challenge you to write out a “Six-Word Story” (week 3 introduction) regarding your relationship with God. **Here is an example or two to get you started:**

**“Lord, radiate your life through me! OR “Lost. Broken. Hopeless. Prayed. Redeemed. Blessed.”**

May **Romans 8:28** encourage you as you prayerfully ponder a Six-Word Story that fits you! *Please don’t skip writing some of your redeemed story out.* We’re all “in process” but it is purposeful and delightful to ask God to help us see His work within us that we might put into print things worthy of praise and thanksgiving?

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## Week 7 Growth Opportunities:

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**Day 3:** Today, prayerfully read **2 Corinthians 3:1-5, 16-18**. There are precious Truths to be gleaned from these verses. What are some that stir in your heart as you read this portion of God's Word?

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As well, read **Isaiah 43:10**. What is a key "take away" in this passage?

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As you read today's passages, embrace the reality that God invites you to follow His lead as He leads you into the lives of others. Close your time today by thanking Him that He is writing His story through your life, and that He has Good News (Gospel Truths) that He will speak through you into the lives of others as He so appoints!

Let **Philippians 4:13** strengthen your resolve to let this be so!

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**Day 4:** Looking back over your "Growth opportunities" for our weeks together; which woman's life and legacy had the greatest impact on you, and why?

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Write out **Psalm 86:12**:

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Is this a passage you will embrace personally? I hope so.... Spend some time today (even outside if the weather is nice), doing just that: praising God for who He is, and who you are to Him! Indeed, He loves you so much!

**Jeremiah 31:3:** \_\_\_\_\_

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As God's Word inhabits our lives; as it dwells within us richly, this is the reality of what should spill out and upwards! Your "assignment" today is to both ponder this outworking of the Holy Spirit, and to delight in prayerfully expressing glory to God as His Spirit within you so stirs! Enjoy!

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## Week 7 Growth Opportunities:

**Day 5:** Read **Hebrews 10:23-25**. This portion of Scripture has several practical exhortations. What are 5 statements you identify in these verses?

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What will you commit to putting into practice; note specific, practical steps you will take:

As we conclude our study of “**Defining Moments: Step up, Stand Firm, & Stay Focused**,” I would like to leave you with a question and an exhortation: The question comes again from **2 Chronicles 7:14**: “**IF** my people, who are called by my name, will humble themselves and pray and seek my face and turn from their wicked ways, then I will hear from heaven, and I will forgive their sin and will heal their land.” Will you be “iffy” in walking with Christ, or will you choose to be an Intimate Follower? If you desire to be an intimate follower, you will find the following passage a necessary one to take to heart: **Colossians 3:16** “*Let the Word of Christ dwell in you richly!*” As you allow His Word to become rooted in your life as timeless Truth, you will in turn be clothed with strength and dignity; able to smile at each day that comes! (**Proverbs 31:25**).

The closing exhortation is this: I hope and pray that you will commit your life on a daily basis to: Stepping up to God’s high calling to be a woman who walks by faith, Standing Firm on His Word as Truth, and Staying Focused on Him as He, the Almighty, Maker of Heaven and Earth, takes you on the Adventure of a Lifetime! May we encourage one another to stay the course in this Divine pursuit; in turn living lives that leave legacies that point other to Him!

“Strength and dignity are her clothing,  
And she smiles at the future.” **Proverbs 31:25**



## PERSONAL REFLECTIONS

This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.