



## *Sharing Hope in Crisis Sessions*

### Session I – A Look at Suffering and Trauma

- Jesus Christ - the First Responder
- Suffering in scripture
- Symptoms of trauma

### Session II - Message to Share

- What about the Gospel
- Sharing your faith

### Session III- Communicating the Message

- Common mistakes
- Effective communication – use of words and active listening

### Session V - Ministry of Hope

- Places of grief
- Appropriate ministry in times of grief
- Practical guidelines for conversation