



Promise 1:  
**LOVE**

**I Love You**

**"I have loved you with an everlasting love; therefore I have continued my faithfulness to you."**

—Jeremiah 31:3, ESV

**O**ur lives are shattered every day when promises are broken. But there are some promises that will never break.

In the Bible, we can see thousands of promises that God made toward the people He created. One promise, however, perhaps serves as the foundation for why we should trust God's other promises. Three beautiful words: "I love you."

God's unconditional love is quite notable. His supernaturally deep love isn't rooted in fickle feelings, as human love can be. It's not based on good works either. Even if we disappoint Him, God doesn't change His mind about us. God's Word states, *"I love those who love me, and those who search for me find me"* (Proverbs 8:17, HCSB).

How should Christians respond to God's love? We start through earnest prayer, humbly asking God to open our hearts to Him and forgive our sins.

God has always loved us, but because He is holy—perfect—and we are sinners, God cannot be in our presence. The only solution was for God's Son, Jesus, to die on the cross for our sins.

In her poem "Love Stronger Than Death," Ruth Bell Graham described this ultimate sacrifice.

**"No matter how far a person wandered, no matter how big the sin, there would still be this way back to God. For love like this would be stronger than sin—stronger than death itself.**

**God raised His Son from the dead three days later. This powerful act of love defeated mankind's sin."**

To fully understand God's love, we also need to spend time with Him daily by reading His Word. Will you open your Bible today—or download a Bible app—and begin to read? The book of John is a good place to start. Ask God to open your heart to Him and pray for understanding.

Promise 2:  
**PROVISION**

**I Will Provide for You**

**"My God will supply all your needs according to His riches in glory in Christ Jesus"**

—Philippians 4:19, NASB

**D**o you often feel a ping of doubt in the back of your mind when you pray? Sometimes, doubt can outweigh the words, and our prayer requests are never spoken. While we hope God will provide—and we know the One who sustains Heaven and Earth has the means to—will He?

Maybe you've been asking God for a new job, a spouse, or a child; praying for healing from a chronic illness; or asking God to reconcile a relationship that seems beyond repair. In the Bible, Jesus said:

*"I tell you, do not be anxious about your life, what you will eat or what you will drink, nor about your body, what you will put on. Is not life more than food, and the body more than clothing? Look at the birds of the air: they neither sow nor reap nor gather into barns, and yet your heavenly Father feeds them. Are you not of more value than they? And which of you by being anxious can add a single hour to his span of life?"* (Matthew 6:25–27, ESV)

But just as it can be difficult to ease your racing thoughts when someone tells you to calm down, letting go of your burdens and giving them to God is easier said than done. It can be tempting to try and achieve your own agenda, but you likely won't get too far on your own. God is the only true source of provision.

When you pray, remember you're talking to the same God who created the very universe you live in. Furthermore, He's brought generations through the challenges of life, and you can trust Him to meet you in your personal wilderness. Remember what He has already done in your own life and trust His unchanging character.

Throughout the Bible, we see many examples of how He provides. Let's take a look at one story in Exodus—and how He can provide for you too.

**1. GOD OFFERS PROTECTION.**

When it seemed the Israelites had nowhere to turn, God opened a way through the Red Sea to provide an escape from their raging enemy (see Exodus 14). He can do the same for your obstacles, making a pathway where there seems to be no path.

**2. GOD PROVIDES DIRECTION.**

God led the Israelites by a pillar of cloud during the day and a pillar of fire at night (see Exodus 13:21). While He sure to appear in a cloud before you, He's able to lead and guide your steps day and night through His Word and by His Holy Spirit.

**3. GOD MEETS PHYSICAL NEEDS.**

There was no such thing as food stores or drive-thrus for the Israelites. However, every day God rained down manna (sweet bread) and caused clean water to come out of a rock while they journeyed through the wilderness (see Exodus 16:12–15). It may have not been the food they wanted, but God sustained them. And they weren't allowed to store it up; instead, they had to seek it each morning.

It's important to remember that God provides all our daily needs; we just have to ask and trust for that provision. And remember, sometimes what we ask for and what God provides may not be the same. Rest strong in the knowledge that when life doesn't make sense or isn't going the way you expected, God has a plan.

Psalm 37:4–5 (ESV) encourages believers to *"delight yourself in the Lord, and he will give you the desires of your heart. Commit your way to the Lord; trust in him, and he will act."*

Promise 3:  
**PROTECTION**

**I Will Fight for You**

**"The Lord will fight for you, and you have only to be silent."**

—Exodus 14:14, ESV

**T**hose words came from Moses just before he parted the Red Sea. For days, he'd been leading the Israelites out of captivity in Egypt, headed for the Promised Land.

But Pharaoh, Egypt's leader who finally consented to releasing the enslaved Israelites, changed his mind. He rounded up his army and hundreds of chariots to pursue the fleeing masses.

The Bible says when the Israelites saw this, they *"feared greatly"* (Exodus 14:10, ESV).

And then, those words from Moses: *"The Lord will fight for you."*

What happened next is one of the best-known Bible stories of all time. The Red Sea divided into two looming, liquid walls on either side of the frightened people as they passed through on dry ground. Only when each one was safely on the other side did the waters come crashing back down over Pharaoh's army, leaving no survivors.

Of course, Moses didn't part the sea on his own. It was God giving him the power to do it.

**WHAT BATTLE ARE YOU FIGHTING TODAY?**

The word *battle* may bring to mind a number of stressful, dangerous, messy, or scary situations. It could be your health, family, finances, or maybe a spiritual battle you can't see. Yet, God promises He's in these battles with you.

"Sometimes we fail to connect the promises of God with our reality," Will Graham said. "And when we're in unstable times, that shakiness in our lives causes us to fail to connect the dots. But God is on our side. He fights our battles for us. All the angels, all the hosts of Heaven fight our battles for us."

When you ask Jesus Christ into your life, you don't face trials alone, but God Almighty is with you, making a way where you may not see one.

**SO WHAT DOES IT MEAN THAT GOD FIGHTS FOR YOU?**

No matter what hardships you face, or how unpredictable they are, you can rely on and trust in God. The next time you feel hopeless or overwhelmed, remember His promise to see you through the battle and take care of you.

The Apostle Paul wrote, *"My God will supply every need of yours according to his riches in glory in Christ Jesus"* (Philippians 4:19, ESV).

*"Some trust in chariots and some in horses, but we trust in the name of the Lord our God"* (Psalm 20:7, ESV).

Think back to that story of the Israelites stuck between a rock and a hard place. An army in hot pursuit behind them, a vast body of water up ahead.

Why did God let that happen? These are His people, right? He called Moses to move them out of one place, through the wilderness and into another, and now they're being chased?

God was making it clear to the Israelites and to Pharaoh that He is Lord, that He is the Deliverer (Exodus 6:6) and the Savior (Exodus 14:13). It was impossible for the Israelites to get out of this situation on their own—but not with the help of God.

**WHY DO WE FACE BATTLES IN THE FIRST PLACE?**

In the Bible, the godly king Jehoshaphat reigned in Judah. When a great army came against his people, Jehoshaphat prayed to God, seeking guidance.

*"We are powerless against this great horde that is coming against us. We do not know what to do, but our eyes are on you,"* he prayed (2 Chronicles 20:12, ESV).

As men, women, and children of Judah assembled before the Lord, God spoke to them through a man named Jahaziel (2 Chronicles 20:15, 17, ESV):

*"Thus says the Lord to you, 'Do not be afraid and do not be dismayed at this great horde, for the battle is not yours but God's. ... You will not need to fight in this battle. Stand firm, and see the salvation of the Lord on your behalf, O Judah and Jerusalem.' Do not be afraid and do not be dismayed. Tomorrow go out against them, and the Lord will be with you."*

The battle wasn't Judah's to begin with; it was God's.

Battles are reminders of God's power. They can send you to your knees, seeking His direction and admitting your helplessness.

The Bible says those who want to live godly lives will suffer (2 Timothy 3:12). But it also says this suffering *"produces endurance, and endurance produces character, and character produces hope"* (Romans 5:3–4, ESV).

Trust that He knows this battleground better than you and find solace in all the God-led victories that have come before you.

Promise 4:  
**FAITHFULNESS**

**I am Faithful**

**"Behold, I am with you always, to the end of the age."**

—Matthew 28:20, ESV

**W**hile the daily news may leave you feeling anxious or worried, Christians can rest in the confidence that God is with us *"wherever you go"* (Joshua 1:9, ESV).

You can change your thinking from worry to confidence with these powerful truths from His Word:

**1. CHALLENGES ARE A SIGN OF GOD'S LOVE FOR YOU.**

God is a patient Father who knows our human limitations. But He loves us too much to leave us as we are.

His Word says, *"For whom the Lord loves He corrects, just as a father the son in whom he delights"* (Proverbs 3:12, NKJV) and *"It is for discipline that you have to endure. God is treating you as sons. For what son is there whom his father does not discipline?"* (Hebrews 12:7, ESV).

"If we look at life from the human point of view, it will seem a great mystery to us. Trust and believe that that which has happened is for your own good." —Billy Graham

**2. YOUR FAITH IS GROWING DEEPER THROUGH THIS TRIAL.**

Growth usually isn't easy. Think about a teething baby, or hormonal teenagers, or the aches of an aging body. But in His infinite wisdom, God often uses trials to deepen our faith and trust in Him.

The Apostle Paul—who endured prison time, shipwrecks, and stoning for Christ's sake—urged believers not to *"be moved by these afflictions. For you yourselves know that we are destined for this"* (1 Thessalonians 3:3, ESV).

"Pain and tragedy are often some of the greatest teachers in life. No matter how bad the situation is—whether it's a life-altering crisis or a sprained ankle—it teaches us that there's something more important than the temporal things. Through these difficulties, we can understand God better and learn to rely on Him more, having our faith strengthened."

—Will Graham

**3. EVEN AS THINGS AROUND YOU CHANGE, GOD NEVER WILL.**

For Christ followers, change is inevitable. The definition of repentance is turning away from worldly things and turning toward Christ. And as you seek to honor God with your life, that might lead to job changes, moving homes, and new relationships.

When you find yourself in new territory, God is the same. He promises to stay near, even in this new normal: *"Even to your old age I am he, and to gray hairs I will carry you. I have made, and I will bear; I will carry and will save"* (Isaiah 46:4, ESV).

**4. REMEMBER, YOU WON'T BE PERFECT.**

While God invites us to take on His righteous nature and leave behind our sinful one, He doesn't demand perfection. He knows we will stumble, and He's ready to pick us up every time we fall.

"Remember, for those who repent and trust Christ for the forgiveness of sin, all your sins—past, present and future—were canceled at the cross." —Franklin Graham

Promise 5:  
**PEACE**

**I Will Give You Peace**

**"Come to me, all who labor and are heavy laden, and I will give you rest."**

—Matthew 11:28, ESV

**P**eace. Sometimes peace feels completely unattainable as we go through life with our hearts racing with anxiety or fear. Tensions can reign in relationships, marriages, work. Is the peace we desire even attainable? Yes. And it starts with the Gospel.

**A RELATIONSHIP WITH GOD**

The Bible tells us about the Garden of Eden—a beautiful place, created by an infinitely creative and loving Father. It was paradise.

But into that paradise came sin, ruining the relationship between God and man.

Thousands of years later, God sent His only Son, Jesus Christ, to repair that relationship by bridging the gap we could not, paying the penalty for sin, and ushering us into a new life. A life where peace is actually possible.

There is a war going on for your heart. A war between sin and God, right and wrong. And when you are in the middle of that war, there can never be peace.

But once you choose Jesus, the only one who was able to fix what was broken, suddenly a supernatural peace is opened up to you. As Billy Graham once said:

"The war that exists between you and God can be over quickly, and the peace treaty is signed in the blood of God's Son, Jesus Christ."

**A PROMISE**

Peace is promised to those who follow Christ.

In the Bible, Jesus says, *"I have said these things to you, that in me you may have peace. In the world you will have tribulation. But take heart; I have overcome the world"* (John 16:33, ESV).

We aren't promised a life without trials, but what we are promised is peace within those trials. We can have peace precisely because Jesus overcame the world.

"Not only can we know that God is with us, we also can take comfort and find hope that our God rules over all. He is sovereign over every detail of our lives. Not a single sparrow, a single atom, or a single germ lies outside of His control. He rules over nations, over kings, over history, over evil, over pandemics. There is nothing outside of His command, and He will use everything for His glory and our good."

—Franklin Graham

The all-knowing and infinitely loving God created the world, and He created you. *"He is the radiance of the glory of God and the exact imprint of his nature, and he upholds the universe by the word of his power"* (Hebrews 1:3, ESV).

That's the God who promises peace.

**A COMMAND**

Christians aren't just promised peace; they are commanded not to worry.

The Apostle Paul gave this command in Philippians 4:6–7 (ESV):

*"Do not be anxious about anything, but in everything by prayer and supplication with thanksgiving let your requests be made known to God. And the peace of God, which surpasses all understanding, will guard your hearts and your minds in Christ Jesus."*

In short: "Do not be anxious."

And he gives them an action they can take: pray.

Take the things on your heart that keep you from the Jesus. God promises, and bring them to Jesus. When you do that, peace takes over—a peace that *"surpasses all understanding"* (Philippians 4:7, ESV). This peace is only from God Almighty.

Notice something else about that verse: the word *thanksgiving*. Not only can you pray over the things on your heart, you get to thank God for what He has done. And no matter how bad things might be for you, you still have the cross of Jesus Christ to be thankful for.

So do that. Give thanks for what He's done. Spend time in His presence. Lay your prayers before His throne.

And there, discover peace.